

07 Civics self study book E

Bachelor of Business Administration (South Eastern University of Sri Lanka)



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CIVIC EDUCATION

SELF-STUDY BOOK

GRADE 07

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Our Family

01. What is the definition of "Family"?

Family is the social unit that any person gets membership initially by his or birth.

02. How is a society formed?

❖ A collection of families forms society.

03. Which is the smallest social unit in the family?

Family

04. How does a person become a member of the family?

By Birth

05. What are the 2 divisions of family?

- ❖ Nuclear Family
- Extended Family

06. What is the meaning of "Nuclear family"?

Nuclear family is a family which consists only of the mother, father and children living in the same residence.

07. Give 04 features of the nuclear family?

- Limited members
- Love and affection
- Freedom
- Universal Acceptance

08. Defined the term "Extended family"?

The family which consists of mother, father, children and some paternal or maternal relatives living together in the same residence is known as an extended family

09. Give 04 significances of the extended family?

- The strength of the family is greater as there are more members in the family
- Convenience in obtaining labor for routine household chores or economic activities
- ❖ Adult members of the family receive love, protection, affection and support from other members of the family
- The responsibility of looking after the children is shared among the members of the family



10. Write 04 benefits of extended family?

- working in collaboration
- More opportunities to gain knowledge
- More possibilities for assistance with child care
- Extra help with house hold, discipline, and other parental responsibilities

11. Write 04 common features that can be seen in a family?

- Build up on the basis of kinship
- A nuclear family consists of a few members while the extended family consists of several members
- Members live in one home
- Members maintain close relationship

12. Mention 04 benefits of being a member of family?

- Love and affection
- Getting education
- Developing leadership qualities
- Getting food and nutrition

13. Give 05 procedures that should be followed to pass the examination well?

- Regular school attendance
- Obedience to teachers
- Following instructions given by teachers
- Engaging in educational activities according to a time table
- Identifying subjects which indicate low performance levels

14. Write 04 weak qualities that a person possesses.

- Anger
- Fear
- Laziness
- Sad

15. What you understand by self-esteem?

❖ The pride that you develop in you about better qualities, superior behavioral patterns and your capabilities are known as self-esteem



16. Write 03 identification of yours?

- lines of the palm
- finger prints
- DNA (deoxyribonucleic acid)

17. Give 04 good qualities that you should develop as a member of your family?

- Accept good things and reject bad things
- Identify one's weaknesses and take steps to correct them
- Friendliness
- Honesty

18. Mention 04 important institutions that can be improved in you?

- Family
- School
- Religious Institution
- Close friends

19. Give 04 services rendered by the school?

- to bestow a good citizen to the country by providing, you with education
- shaping up your skills,
- inculcating spirituality.
- Teaching discipline

20. Give 04 services rendered by religious institution?

- Gives meaning and purpose to life
- Reinforces social unity and stability
- Promotes psychological and physical well-being
- Motivate people to work for positive social change

21. Write 04 good qualities of your friends those who are very friendly?

- ❖ Loyal
- Respectful
- Trustworthy
- Honest









22. Mention 04 benefits of reading good books?

- Strength the brain
- Reduce stress
- Expands your knowledge
- Improves your memory and focus

23. Write 04 media that you have known?

- Newspapers
- magazines
- television,
- radio

24. Give 04 advantages of using media?

- Receive information
- propagate your ideas
- Creations
- abilities through the media.

25. Mention 04 some other institutions which are beneficial to the society?

- The library
- Community Development Society
- Institutions dealing with prevention of drug addiction
- Temperance Movement

26. Mention 04 disadvantages of using drugs and smoking?

- Physical and mental deterioration of a person
- Cause deadly diseases
- Loss or waste of money
- Subject to contempt by the society

27. Write 04 qualities that a person can improves by engaging in sports?

- Bear victory and defeat happily
- Law abiding
- Appreciate fairness
- Follow commands







28. Give 04 aesthetic activities during your leisure time?

- Drawing
- Reciting poems / composing poems
- Singing songs / composing songs
- Writing dramas / plays

29. Write 04 benefits that can gain by engaging in aesthetic activities?

- Enhancement of creativity
- ❖ Fun
- Enjoyment
- Control of feelings and emotions

30. Give o4 opportunities of engaging with the member of the family during leisure?

- Reciting poems,
- singing songs,
- engaging in sports,
- going on picnics

31. Write 04 challenges faced by a family in these days?

- Differences in emotional states among the members of the family
- Busy lifestyle
- Insufficient income for living
- Lack of leisure

32. Write 02 consequences facing family members by challenges?

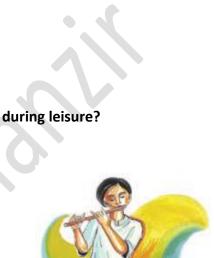
- Financial problems
- Problems among the relationship

33. Give 04 activities that can be followed to control unfavorable emotions?

- Engage in religious activities
- ❖ Walk
- Recite poems and singing
- Aesthetic activities like drawing

34. Write 04 factors that must be printed on the products in the packages?

- Date of Manufacture
- Expiry Date
- Maximum Retail Price
- Net Weight





35. Mention 04 benefits of earning a sufficient income through employment?

- Ability to fulfill daily needs of the family
- Get the opportunity to consume a sufficient amount of goods and services for the members of the family to fulfill their needs
- Ability to maintain a good living condition
- Ability to save a part of the income for the use in case of an emergency

36. Write 04 rights that are given by your family?

- Providing food and nutrition
- Providing health facilities
- Clothing
- Shelter



37. Mention 04 examples of the obligations and responsibilities of parents?

- Earning a living by engaging in a legally recognized occupation
- Leading an exemplary life
- Providing protection and security to the family members
- Fulfillment of food and nutritional needs.

38. Give 04 duties that you should develop when you work with the member of family?

Development of these qualities in you, provides a good citizen to the society and supports you to lead a good social life. Always try to develop the qualities that are necessary for you to lead an exemplary life.

39. Give 04 qualities that a good citizen should have?

- Honesty
- Patience
- Respect ideas of others
- Friendliness

40. Mention 04 occasions that are followed to maintain customs in your family?

- Laying the foundation stone for a new house
- Housewarming ceremony
- Wedding ceremonies
- Customs followed at funerals



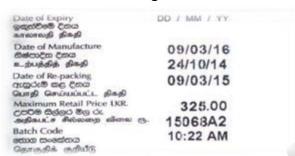


41. Mention 04 traditions maintained by the family in your day-to-day life?

- Daily religious observances
- Worshiping parents and elders before leaving home
- Taking meals together with other family members
- Visiting relatives before the dawning of the New Year (in some regions this is practiced after the dawn of New Year)

42. Write 04 occasions that are maintained relationship between family and neighbor?

- Shramadana activities
- Common religious activities
- Supply of refreshments at funeral
- Occasions of tiling roofs





43. "Working in collaboration with neighbors help to develop your good qualities". Mention

04 good Qualities that can be developed by neighbors?

Unity among the people living in an area immensely contributes to carry out various community activities effectively.

44. Mention 04 examples that are disturbed the community life among neighbors?

- Improper disposal of waste material,
- the use of televisions and radios at a high volume,
- engagement of unlawful occupations





9

Paternal Relatives	Your relationship to them	Maternal Relatives	Your relationship to them
Your father's		Your mother's	
Father	Grand father Seeya (Paattan)	Father	Grand father Seeya (Paattan)
Mother	Grand mother Aachchi (Paatti)	Mother	Grand mother Aachchi (Paatti)
Elder Brother	Uncle Mahappa (Periyappa)	Elder Brother	Uncle Maama
Younger Brother	Uncle Baappa (Sittrappa)	Younger Brother	Uncle Maama

Paternal Relatives	Your relationship to them	Maternal Relatives	Your relationship to them
Your father's		Your mother's	
Elder Brother's wife	Aunt Loku Ammaa (Periyamma)	Elder Brother's wife	Aunt Nanda (Maami)
Younger Brother's wife	Aunt Punchi Ammaa (Sinnamma)	Younger Brother's wife	Aunt Nanda (Maami)
Brother's son	Cousin brother (Chagotharan)	Brother's son	Cousin Brother Massina (Machchan)
Brother's Daughter	Cousin sister (Chagothari)	Brother's Daughter	Cousin Sister Naena (Mathini/ machchal)
Elder /sister/ Younger Sister	Aunt Nendaa (Maami)	Elder /sister/ Younger Sister	Aunt / Loku amma Punchi amma (Periyamma/ Periyannai, Siriya thaai/siriyannai)
Sister's husband	Uncle Maamaa	Sister's husband	Loku thaaththa baappa (Periya Thanthai/ Siriya Thanthai)
Sister's Son	Cousin Brother Massina (Machchan)	Sister's Son	Cousin Brother chagotharan
Sister's Daughter	Cousin Sister Nenaa (Mathini/ machchal)	Sister's Daughter	Cousin Sister (Uravu muraich chagothari)

Words used to address relatives differ from region to region. Some terms which are regionally used, are given below.

Father : Thaaaththaa / Appachchi / Appuchchaa

Grandfather : Seeya / Aathaa / Muththaa

Aunt (younger): Punchi Ammaa / Podi Ammaa

Balammaa / Kudammaa

Uncle (younger): Baappaa / Punchi Thaaththaa /

Kudappaa

Uncle (elder) : Loku Thaaththaa / Mahappaa / Loku

Appachchi

01. What is the smallest unit in the society?

Family

02. Write the types of family with examples?

- Nuclear Family- Father, mother, children
- Extended Family- Father, mother, children, grandparents, aunty, uncle

03. Write 04 obligations of parents towards children?

- feeding,
- safeguarding,
- providing education,
- helping to satisfy other needs, protecting from diseases and settling them in marriage.

04. Write 04 obligations of children towards parents?

- Looking after the parents when they are old,
- feeding them,
- showing affection
- being obedient to them

05. Write 04 obligations of teachers towards students?

- build the future of the child by making him / her obedient, while identifying talents, skills and potentials.
- ❖ They also contribute to build up a balanced personality by giving them all sorts of knowledge and wisdom and making them realize good and bad, right and wrong.

06. Give 04 benefits that you can gain by maintaining inter personal relationship with

neighbors?

- being peaceful,
- brotherhood,
- cooperation, helping others, giving refuge and
- sharing things.



07. Write 04 different social institution found in your area.

- Religious institutions
- Youth clubs
- Women's clubs
- Sports clubs

08. Write 04 contributions of religious institution?

- Learning religion
- Spiritual development Providing common
- Internalizing morals Welfare activities
- Religious observances
- Common affairs

09. Write 04 contributions of village development association?

- Village development Discipline and
- Providing common services
- Welfare activities
- Working cooperatively

10. Write 04 contributions of sports club?

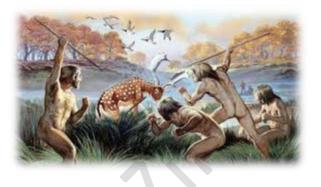
- Discipline and restraints
- Developing sports
- Training to tolerate victory and defeat
- Making leaders
- Working cooperatively

11. What is the meaning of Data?

❖ Data means the sources which provide information related to a scope of a subject.

12. Write 04 essential information we obtain in our day-to-day life?

- Weather forecast
- Exchange rates
- Market prices
- Important and emergency phone numbers





13. Mention 04 challenges you faced in your daily life?

- Facing examinations and failing them
- Death of our closest family members
- Financial hardships
- Disputes with friends

14. Define the term "rights"?

Rights are the privileges given to a person by the human society. They are important to make life satisfied. The rights provide man an opportunity to spend a good and dignified life.

15. Write 04 basic features of rights?

- Inherited from the society itself
- Closely related to common wellbeing of the society
- Closely related to duties
- Free from selfishness

16. Write 04 civil rights?

- Right to live
- Right to education
- Right to follow any religion or a faith
- Right to expression

17. Write 04 political rights?

- Right to be an elector
- Right to be a candidate
- Joining any political party
- Electing any government

18. What is the meaning of duty?

The bond of the citizens to fulfill duties entrusted for the existence of a society is known as a duty

19. Write 04 rights and duties of that.

- Education- Learning well
- Following any religion- Not harassing other religions
- **Expressing views** Talking without hurting others
- Living- Living without bothering others







20. Give 04 qualities to be improved to live as a good citizen in society?

- Respecting rights
- Being disciplined
- Using pleasant words
- Selflessness / Altruism

21. Write 03 professional rights?

- Safeguarding the rights of people through the constitution.
- Several provisions such as labor laws, employee's provident fund, widows and orphans' pension, insurance schemes, human rights commission and establishment code, have been introduced to safeguard the rights of professionals.
- Accordingly, any person who faces an injustice in the place where he or she is employed, of these rules and regulations will safeguard them.

22. Write 04 disadvantages of not practicing employee's laws correctly?

- Exploitation of labor
- Dissatisfaction of employees
- Not getting a reasonable salary
- Loss of job security

23. Give 04 impacts of employing children as laborer's?

- Subject to abuse
- Losing opportunities for learning
- Losing the pleasant childhood
- Engaging in anti-social activities

24. Mention 04 social responsibilities on child labor?

- Treating all children as our own children
- Directing them to a school for compulsory education
- Not employing children for narrow expectations
- ❖ Making the relevant institution aware of child labour



✓ All the employees in both public and private sectors have a legal procedure for retirement. Government servants are to retire at the age of 57 but they have the option to work until the age of 60. Private sector servants can get their Employees Provident Fund at the age of 55. However, the female employees can get it for their marriage.



25. Write 04 steps taken by the society to safeguard the children?

- School
- Free Education
- Nutrition
- protection

26. Write 03 steps taken by the society to safeguard the youth?

- Professional courses
- Employment institutions
- Trade unions

27. Write 03 steps taken by the society to safeguard the elders?

- Pension schemes
- Welfare funds
- Health care

28. Write 04 qualities and skills should be developed face challenges successfully?

- Tolerance
- Creativity
- Endurance
- Forwardness

29. Write 04 challenging situation that you faced in modern society?

- Modern fashions
- Cultural degeneration
- Deterioration of morals
- Increasing number of abuses

30. Mention 04 steps to win challenges?

- Creative thinking
- Organizing activities with a plan
- Selecting different options
- Taking advice and directions of elders

31. Write the types of obligations?

- Legal Obligations
- Moral Obligations





32. What is the meaning of obligation?

 Obligations are those which people are bound to do as citizens for the existence of common society

33. Write 04 Legal obligations?

- ❖ To be obligate the government
- Following the laws of the state
- Paying taxes
- Fulfilling duty correctly

34. Write 04 Moral obligations?

- Treating parents
- Treating and respecting elders
- Being self-disciplined
- Safeguarding traditions



- Sadness,
- Being fed up,
- unrest and inconvenience,
- causing deterioration of personal life style

36. What is the meaning of Responsibilities?

The liability to fulfill obligations is known as responsibility

37. Write 03 Responsibilities?

- Sustainable use of public property in the society for the common benefit of people.
- Respecting rules and regulations of society
- Contributing for the good governance of society.

38. How fulfilling duties and responsibilities in social welfare?

- Citizens respecting rules and regulations emerge
- Following rules and regulations
- People do not attempt to do misdeeds
- Law abiding citizens emerge
- One's own rights and the rights of others are safeguarded



✓ Different laws in our society and their influences to safe-guard children and elders

Every society in the world follows a system of rules and regulations to protect children and elders. As a whole the human rights are inter-related with laws. Different countries have enacted these laws following their hereditary ways. Accordingly, they have taken several steps:

- Establishing child care centers
- Providing education facilities
- Providing things totally free or at a concessionary price
- Giving scholarships
- Providing information related to employment opportunities

Our Culture

01. What is culture?

Aggregation of behavioral patterns, habits, customs, rituals, attitudes and beliefs of people in any society are culture.

02. Write the definition of E.B Tylor about culture.

- 'The culture is that complex whole which includes knowledge belief, art, law, morals, custom and any other capabilities and habits acquired by man as a member of society.'
 - -E. B. Tylor-

03. Mention 04 elements of culture.

- religion,
- literature,
- dress is some of the examples for cultural elements
- Education

04. What do you mean by " cultural identity "?"

Culture may differ from society to society. Therefore, one culture differs from another

05. Write 04 common features of all culture?

- language,
- religion,
- customs and traditions,
- cultural features and rituals, are common to all cultures

06. Write 04 reasons for cultural diversity.

- Ethnicity
- Religion
- Language
- Occupation

07. Define the term multi-cultural society.

One culture differs from another culture. Based on the factors such as ethnicity, religion, language and occupation, the ability to distinguish one culture from the other based on the above factors is known as cultural identity.

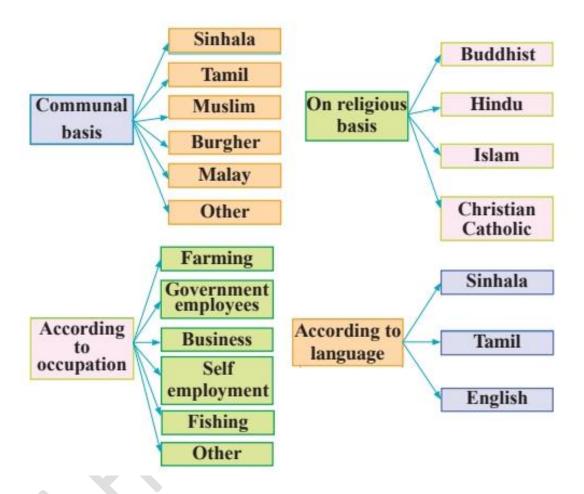




08. Write 04 common scared places for the people of all religion.

- Kataragama
- Dewala, Nallur Kovil, Madu Church, Thalawila Saint Anne's Church,
- ❖ Adam's peak is some of those sacred places worshipped by all people in common.

09. List out the multi-cultural features in Sri Lanka.



10. Mention the cultural festivals which belong to each religions and ethnic groups.

- Sinhala and Tamil new year- Tamil and Sinhalese
- Thai Pongal Festival- Tamil
- Vesak/ Poson festival- Sinhalese
- Catholic festival- Christians
- Hajj festival- Muslims
- Christmas- Christians



11. Write some special cultural features.

- weddings,
- funerals,
- weaning
- ceremony, hair cutting, house warming ceremony

12. Write some steps can be taken to safeguard the cultural heritages as a citizen.

- Creating awareness among people about the importance of safeguarding cultural heritage.
- * Refraining from engaging in harmful activities against culture and Preventing those who harm it.
- Whenever one destroys the cultural heritages, the relevant institutions should be informed. Ex:- Institutions such as Police, Department of Cultural Affairs, Department of Archeology

13. Write the basic unit which is transmit culture from one generation to the other?

Family

14. Mention 03 cultures transmitting through family.

❖ Sinhala and Tamil New Year rituals such as boiling milk, consuming food, engaging in transactions, anointing with oil are done by the elders in the presence of children

15. Write some Identity of Sri Lanka.

❖ Hydraulic civilization, stupas, temples, folk life based on agriculture, religious rituals are some of the finest examples of SriLankan identity.

16. What is known as multi-cultural social system?

Most of the countries in this modern world are multi - cultural societies. Many ethnic, religious and language groups live within the same country. This is known as a multi - cultural social system.

17. Write some national identity of Sri Lanka.

- They are National flag,
- National anthem.
- National emblem,
- National tree, National Flower,



18. Write the symbols of the National flag represents.

- ❖ The national flag we use today in Sri Lanka is a flag made under recommendations of the flag committee appointed on 6th March 1948 by Hon D.S. Senanayake who was the first Prime Minister of Sri Lanka. Members of the national flag committee were
- Hon. S.W.R.D. Bandaranaike (chairman of the committee)
- Hon. Sir John Kothalawala
- Hon. J.R. Jayawardhane
- Hon. T.B. Jayah
- Dr. L.A Rajapaksha
- Hon. G.G Ponnambalam
- Senator Hon. Nadesan
- Dr. Senarath Paranawithana (secretary of the committee)
- ❖ Parliament passed the National flag prepared according to the proposals of the flag committee on the 2nd of March 1951. It was hoisted in the flag mast Infront of the old Parliament on the 31st of March 1951. In 1972, traditional bo leaves which were in the flag were removed and the four bo leaves of the present day were added.
- The symbols of the National Flag represent
- ❖ Yellow color lion Sinhala nation, discipline of the Sinhala community. bravery, dignity and leadership, fairness of the nation.
- ❖ Yellow color sword held in the right hand piousness, law abide while safeguarding the motherland by governing the country in fairness.
- ❖ Four bo leaves in the four corners on a red background respect for all the sublime qualities of all religions including the four sublime states of the mind, namely, loving kindness, compassion, sympathetic joy and equanimity.
- ❖ Dark red background (maroon) life blood of all the people of Sri Lanka and representation of the ancient Sinhala Royal flag.
- Green and yellow columns on the left side of the flag Tamil community represented by the yellow column, Muslim community by the green column.
- ❖ Yellow band of equal width around the flag unity among all the communities, peace, wisdom, and mutual understanding.
- Mane of the lion head and bend in the upper part of the tail equality between the ruler and the subjects.
- ✓ The standard of the present national lag of Sri Lanka has been prepared by the Sri Lanka Standards Institute. The last amendment of our National Flag which was introduced on 22nd May 1972 was standardized by Sri Lanka standards institute on 7th May 1985.
- ✓ Reference is also made to the proper design, dimensions encolours of the Sri Lanka National Flag as laid down in Sri Lank Standard Specification SLS 693; 1985, was published by the Sri Lank Standards Institute.





- In state festivals
- In national festivals
- ❖ In state leaders' summits
- ❖ In an important function of a school or in an institution
- Other special functions



- Hoisting it in a visible place
- Hoisting the flag by keeping the two vertical color columns close to the flag pole
- Giving priority in all the functions and ceremonies
- When hoisting it at night the respective place should have enough light

21. Write some rules to be followed when hoisting national flag in a ceremonial function.

- ❖ Before hoisting it, the flag should be fixed to the cord and the folded flag should be kept at a higher elevation.
- ❖ The person hoisting the national flag should stand in attention and the others should also stand in attention facing the flag
- Hoisting and lowering the national flag should be done slowly with honor
- Playing Magul Bera (ceremonial drums) and blowing the conch shell whenever it is possible while hoisting

22. Write some rules to be followed when placing the national flag at half-mast.

- It should be kept at half-mast only on special occasions as day of mourning declared by the government
- ❖ Initially the flag should be raised to the top of the flag post and lowered to the place where the flag is kept at half mast
- ❖ The flag should be lowered 1/3 of the height from the top. Before the flag is lowered at the end of the day it should be raised to the top again and then lowered

23. Write some rules to be followed when hoisting the national flag educational

institution.

- Hoisting at the beginning of each school term and at the beginning of months in each term
- Hoisting on special days declared by the government
- On special occasions such as prize giving, and sports meet



24. Write 04 things to be avoided when using the national flag.

- Displaying damaged and deformed flags
- Using for any form of decoration
- Displaying the lion upside down
- Flag in contact with the ground or dragging on water

25. Draw the national flag.



26. Who was composed the national anthem.

This competition was held on the 31st of January 1948. Though the song "Namo Namo Matha" written by the musician Ananda Samarakoon was also presented, the song "Sri Lanka Matha Pala Yasa Mahima Jaya Jaya" written by Mr. P. B. Ilangasinghe and Music edited by Mr. Layanal Edirisinghe won the competition. Accordingly, this song was sung at the first Independence Day celebrations held on the4th of February 1948. As this song was compiled by two of the judges in the panel people protested and the song was deleted from usage. There after the song composed by Ananda Samarakoon "Namo Namo Matha" was sung as the National Anthem in the second Independence Day celebrations. On the 22nd of November 1951 the cabinet decided this song should become the National Anthem. Later the first sentence was changed as Sri Lanka Matha instead of Namo Namo Matha.1978 constitution declares that the National Anthem of our country is "Sri Lanka Matha". Lyrics and the music composition have been included in the constitution as a schedule.

27. Write some occasion in which the national anthem is sung.

- In national festivals
- In state festivals
- In ceremonies of state leaders held in Sri Lanka
- In school and other important festivals



28. Explain the state anthem through picture.

- ❖ State's emblem is the symbol of the state. It symbolizes the rule of the state. State emblem which is being used at present was introduce in 1972. The state emblem was designed in order to celebrate Sri Lanka becoming a Republic on the 22nd of May 1972. You have noticed that the emblem is being used to confirm the state ownership. Currency notes, letterheads of ministries and departments, passports, national identity cards are a few in which state emblem is placed. The ownership of the state emblem and the authority to use it belongs to the Executive President. It is our responsibility and duty to honor and protect it.
- During the British Colonial Era, British Emblem with the Lion and the Unicorn had been in use. After the Independence, an emblem with the lion inside a circle of petal design, a crown on top and the word Lanka at the bottom was used.
- The state emblem in use today was created by the artist named S.M. Seneviratne.
 The symbols used in the Emblem represent the following.
- Dharmachakra (The wheel of doctrine) Piousness
- **The stalks of rice** Prosperity
- A lion bearing a Sri Lankan sword in its right forepaw –
 Country and the disciplined nation
- Petal design around the lion Purity
- ❖ A traditional grain vase Perfectness
- The sun and the moon Eternal existence

29. What is the national tree of Sri Lanka?

❖ National Tree of Sri Lanka is Ceylon Ironwood (Na tree). The botanical name of it is Mesua ferrea L.M. Ceylon Ironwood tree has been recognized as the National Tree of Sri Lanka from the 26th of February 1986

30. Write some reason to select Ceylon ironwood tree as a national tree.

- Being endemic to Sri Lanka
- Usefulness
- Historical and cultural importance
- Beauty and the pleasantness

31. What is the national flower of Sri Lanka?

National Flower of Sri Lanka is Blue water lily



32. Write some reason to select Blue water lily as a national flower?

- There are several factors to select blue water lily as the National Flower. Among them the usefulness, cultural, historical, scientific and aesthetic value are important. In addition, being endemic and not being declared as a National Flower in any other country have also been considered.
- ❖ Many had the opinion of selecting the Lotus as the National flower. This opinion did not come into light as the National Flower of India was also Lotus. Accordingly, Blue water lily was declared as the National Flower on the 26th of February 1986

33. What is the national bird of Sri Lanka?

National bird of our country is Ceylon Jungle Fowl. It is found in the jungles throughout the island.

34. What is the national sport of Sri Lanka?

❖ The National Sport of our country is Volley ball. Earlier, an opinion was forwarded that Elle should be our national sport.

35. Write some qualities of this game.

as unity, participation, peace, tolerance in victory and defeat. This is often played in Sinhala and Tamil New Year Festival; School sport meets and sports clubs

36. When was introduced in Sri Lanka? Who introduced?

1916- Robert Walter Camack

37. When was volleyball introduced in the world? Who introduced?

1895- William G Morgan

38. Write some examples of cultural identity.

❖ Buddhists do not sit in equal heights when they sit with elders' and interrupt conversations of the elders as well. It is important to safeguard one's own culture without harming other cultures.

39. What are morals?

Society is made of a totality of a human group. Whole society should be developed by improving moral values in each person. Morals are the set of good things accepted and followed by a society for a long period of time. Though they are not legally enforceable, they function as a device that controls and operates the whole society.



Morals are human qualities that enrich the person, society and life. They are essential to improve living conditions of people. These morals account for the formation of social relationships as well as a good society. Therefore, morals are human qualities which contribute to the existence of a good society and bring meaning to life.

40. Write some morals to be cultivated in a person?

- Being disciplined
- Being honest
- Being patient
- Politeness
- Generosity





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Purpose - I expect this Grade 07 Civic Education Self-study Book is designed to learn their lessons easily to my beloved students.

I think it's an easy way to study your lessons.

Thank you.....

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